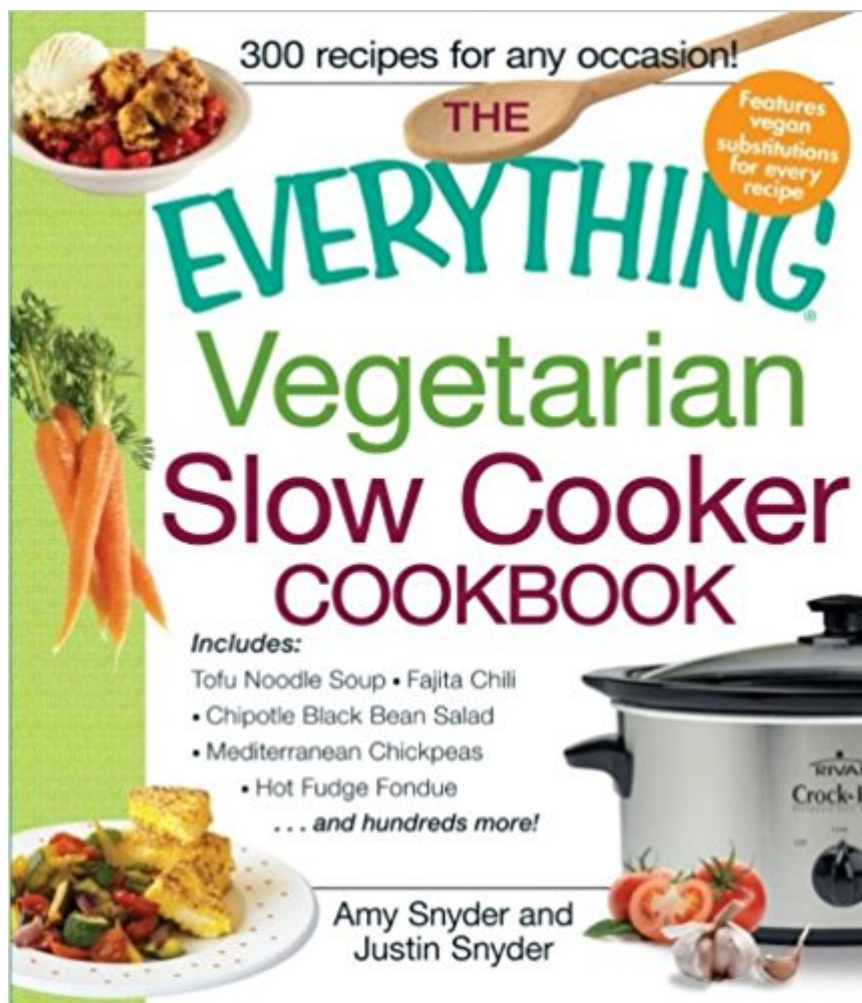


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# The Everything Vegetarian Slow Cooker Cookbook: Includes Tofu Noodle Soup, Fajita Chili, Chipotle Black Bean Salad, Mediterranean Chickpeas, Hot Fudge Fondue And Hundreds More! (Everything Series)





## Synopsis

Who wouldn't want a scrumptious, healthy, all-veggie meal that's ready to eat as soon as you walk in the door? In today's hustle-and-bustle world, it can be difficult to find the time to create meatless dishes that don't take hours to prepare. But with this cookbook, you'll find simple, satisfying recipes for hundreds of meals, including: Spicy Seitan Buffalo Strips, Vegan Spinach and Artichoke Dip, Citrusy Beets, Slow-Roasted Garlic and Tomato Sauce, Peanut Butter Cake. Complete with an array of vegan options and substitutions, this versatile cookbook has everything you need to create healthy, delicious meals--without spending the day in the kitchen!

## Book Information

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## Customer Reviews

Amy Snyder worked at the vegetarian restaurant Real Food Daily in Los Angeles and Georgia's famous meat-free restaurant, The Grit. She writes The VegCooking Blog, which receives more than 50,000 visits per month. Most of her nearly 500 unique blog posts contain a vegan recipe and story created by Amy along with photographs that she takes in her home kitchen. Justin Snyder has worked in kitchens professionally for the past sixteen years. As a longtime vegetarian, Justin believes in creating simple, delicious meals that allow each ingredient to shine. His work has led him to many great kitchens in the south, including East West Bistro, Harry Bissett's, and The Grit.

This is a great cookbook. The recipes are simple and do not defeat the point of cooking with a slow

cooker -- and they do not demand such a long list of ingredients that I can't afford to cook the recipes and pay my mortgage in the same week. The food tastes great and is easy to prepare. What more could a person ask for?

Though I'm no longer a vegetarian, I still use this book. My slow cooker is my life saver some days when work runs long or I know I won't feel like making anything. All of the recipes are simple, none of that lets-add-100-ingredients-the-readers-have-never-heard-of crap I see so often in other books and magazines. They're easy to follow and taste great. Highly recommended!

This book is for people who can not cook. My mother can not cook. Easy to fallow, simple throw it in turn it on, gives you ideas. My mom hasn't used her slow cooker or her cook book, yet I am looking. Forward to doing both.

I love the variety in this book and the recipes I have tried so far. I didn't want to have to buy a huge grocery list of items just to make some new recipes, so I was really happy that there are a lot in this book that I already have most of the items in my pantry, or are common groceries I regularly purchase. I have a smaller slow cooker, and all the recipes seem to be for larger ones. I just cut down the ingredients, but I wish it gave alternate cooking times and temps for smaller units. Overall, I think it was a great purchase and I look forward to trying more of the recipes.

This was purchased as a gift for a friend who has chosen to become vegetarian. She loves the ease of her crockpot because of her job, but didn't have the time to try out different meat replacements in her family's favorite crockpot meals. This cookbook has everything from dips to desserts and the recipes use a great variety of meat substitutes/replacements instead of tofu all the time, every time. So far she's been very pleased with the success of the meals she's made from recipes in this cookbook in the few weeks that she's had it. The recipes are easy to follow and none of them require funky hard to find ingredients. She is able to prep multiple meals on Sunday, bag up the ingredients for each, then on the right day put them in the crockpot that morning with whatever liquid is required, turn it on, and head for work. The rave reviews of the meals from her kids (picky eaters both) has me seriously considering buying this cookbook for my own use.

We've been slowly working our way through this cookbook, making one recipe a week. They've all been scrumptious. We still have a ways to go through the book but they've definitely been yummy

meals so far. We've made it through all the soups and chilis and stews...now we're onto the vegetables. Made creamed corn last week and paired it with mashed potatoes and fri chic. It was great.

I bought this as a gift for my vegetarian son. He is enjoying the various recipes and says that he likes how easy they are once he has the correct ingredients .It also is teaching him some things about cooking that he didn't know, so I'm happy about that.I told him that he had to make me something out of it, so I'm looking forward to that!

Though there isn't anything new and earth-shattering in this book, it's a good trove of ideas and reminder of the basics. Nice to have a simple, basic slow cooker recipe book for vegetarians.

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